

August 2017 Rockwood Community /Senior Center

734-379-5600

August 2017						
Su	Mo	Tu	We	Th	Fr	Sa
6	7	1	2	3	4	5
13	14	8	9	10	11	12
20	21	15	16	17	18	19
27	28	22	23	24	25	26
		29	30	31		

September 2017						
Su	Mo	Tu	We	Th	Fr	Sa
3	4	5	6	7	1	2
10	11	12	13	14	8	9
17	18	19	20	21	15	16
24	25	26	27	28	22	23
				29	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Jul 30	31	Aug 1 INDOOR WALKING 9-1	2 INDOOR WALKING 9-1 SENIOR YOGA CLASS 9:30-10:30	3 INDOOR WALKING 9-1 SENIOR EXERCISE CLASS 10-11	4 INDOOR WALKING 9-1	5 CLOSED
6 CLOSED	7 INDOOR WALKING 9-1 MOVIE DAY 10:30-12:30	8 INDOOR WALKING 9-10 LUNCH OUTING TO OLIVE GARDEN 11:30-1:00	9 AMERICAN HOUSE FREE SENIOR LUNCHEON 11-1	10 INDOOR WALKING 9-1 SENIOR EXERCISE CLASS 10-11	11 INDOOR WALKING 9-1	12 CLOSED
13 CLOSED	14 INDOOR WALKING 9-1	15 INDOOR WALKING 9-10	16 INDOOR WALKING 9-1 SENIOR YOGA CLASS 9:30-10:30 GAME DAY 1-3	17 INDOOR WALKING 9-1 SENIOR EXERCISE CLASS 10-11	18 INDOOR WALKING 9-1	19 CLOSED
20 CLOSED	21 INDOOR WALKING 9-1	22 INDOOR WALKING 9-1	23 INDOOR WALKING 9-1 SENIOR YOGA CLASS 9:30-10:30	24 INDOOR WALKING 9-1 SENIOR EXERCISE CLASS 10-11	25 INDOOR WALKING 9-1	26 CLOSED
27 CLOSED	28 INDOOR WALKING 9-1	29 INDOOR WALKING 9-1	30 INDOOR WALKING 9-1 SENIOR YOGA CLASS 9:30-10:30	31 INDOOR WALKING 9-1 SENIOR EXERCISE CLASS 10-11	Sep 1	2